## Maintaining Sports Fields the Natural Way

Brad S. Fresenburg Turfgrass Specialist University of Missouri

- Public & administrative pressure
- Historical progression
- Dependency
- Soil ecosystem
- Cultural practices
- Natural products
- Resources













23 623









Today's Turfgrass Management Programs... incorporate:
Integrated Pest Management (IPM)
Best Management Practices (BMP)
Sustainability & Stewardship





#### **IPM** is a pest control strategy using:

Cultural practices
Mechanical devices
Physical control
Genetic control
Biological control
Chemical control







## IPM is:

Ecological approach
Using or reducing pesticides responsibly
Managing pest populations at acceptable levels







BMP incorporates:
Integrated Pest Management
With wise water use
Producing the best possible turfgrass surface
Protecting water resources (reducing non-point sources)







Sustainability & Stewardship demonstrates:
Reduction in control products
Efficient use of water
Efficiencies of time and energy
Recycling in every part of your program













#### Why are pest present?





#### **Managing Stress**





## **Managing Resources for Soil Organisms**





## **Components to a Natural Approach:**•Soil Ecosystem

#### Cultural Practices









#### Soil Ecosystem

# Soil biology Soil testing Fertility





## <u>Soil Biology</u>

Turf is healthiest in biologically balanced soil
Bacteria should account for half of the biomass
Bacteria thrive in soils rich with carbohydrates and proteins
Organic fertilizers (vegetable, animal meals, etc.)

Compost (manures, food waste)







- Know what nutrients are needed: Calcium, Magnesium, Phosphorus, Potassium, etc.
  - Know what the pH of the soil is: Do you need to add calcium carbonate? (Ok between 6.0 to 7.0)

## **Fertility**

Synthetic Fertilizers (salt index)
Organic Fertilizers
Mineral Sources
Bio-stimulants





#### **Fertilizer Application Scheduling**

#### **Synthetic Fertilizers**

#### Expressed in pounds of nitrogen per 1,000 sqft

	<u>September</u>	<u>October</u>	<u>November</u>	<u>March/April</u>
Cool-Season Standard	1	1	1	0.5
Cool-Season Low Maint.	<u>1</u>		1	

**Cool-Season Turfgrasses**:

**Tall Fescue, Kentucky Bluegrass** 

## **Natural Organics**

A slow-release source of N, other essential nutrients, and organic matter

- Organica (8-1-1) Corn gluten
- Bradfield (3-1-5)
- Ringers (6-1-3)
- Sustane (5-2-4)
- Richlawn (6-3-2)
- Milorganite (6-2-0 w/5% Fe)

## **Fertilizer Application Scheduling**

#### **Organic Fertilizers**

Expressed in pounds of nitrogen per 1,000 sqft

Organic fertilizers are excellent, safe sources of fertility. Corn gluten-based products offer pre-emergent weed control.

Cool-Season No Seeding	<u>Early April</u> Corn gluten 0.8-1.2	Late June Corn gluten or other organic 0.4-0.8	Mid Sept. Corn gluten or other organic 0.8
Cool-Season	Corn gluten	Corn gluten or other organic	Do Not Use Corn gluten when seeding
Fall Seeding	0.8-1.2	0.4-0.8	0.3-0.8

**Cool-Season Turfgrasses**:

Tall Fescue, Kentucky Bluegrass

## **Fertilizer Application Scheduling**

#### **Organic Fertilizers**

Expressed in pounds of nitrogen per 1,000 sqft

Organic fertilizers are excellent, safe sources of fertility. Corn gluten-based products offer pre-emergent weed control.

Warm-Season	<u>Early April</u> Corn gluten 0.8-1.2	Mid June Corn gluten or other organic 0.4-0.8	Late Aug. Corn gluten or other organic 0.8
-------------	--	--	---

Warm-Season Turfgrasses:

Zoysiagrass, Buffalograss

**Sports Fields the Natural Way Cultural Practices**  Selecting Turfgrasses •Mowing •Over-seeding Irrigation Aeration •Thatch







Multiple, resistant turf cultivars provide stability & resilience



Turfgrass Science

## Sports Fields the Natural Way <u>Cultural Practices</u> •Mowing has major impact on weeds

1.5 inches

3.5 inches









## Sports Fields the Natural Way <u>Cultural Practices</u> •Mowing



Higher mowing heights (3 to 4") encourage greater root growth and better competition against weeds (80% fewer weeds)



Turfgrass Science University of Missouri

## Sports Fields the Natural Way <u>Cultural Practices</u> • Mowing



Mowing frequently avoids "clumping". Follow "1/3 rule". Follow the "Don't Bag It" program.





## Sports Fields the Natural Way Cultural Practices







## **Cultural Practices**

#### **Over-seeding:**

- •Over-seed annually, maintain turf density
- •Over-seed often
- Prepare a good seedbed with core aeration or power rake
- •Over-seeding rates can be about 50% of a normal seeding rate





## Sports Fields the Natural Way <u>Cultural Practices</u> • Irrigation – How much, how frequent

#### Infiltration Rate:

- Sand: 2-5 in/hr
- Silt/Loam: 0.5-2 in/hr
- Clay: 0.2-0.5 in/hr





Turfgrass Science University of Missouri

## Sports Fields the Natural Way <u>Cultural Practices</u> •Irrigation – When <u>Early morning: 4 AM to 8 AM</u>

Evaporative losses minimized (Cooler temperatures)

 Better distribution of water (Calm winds)
 Knocks dew off leaf blades and decreases leaf wetness period (compared to evening watering) all of which discourages fungal growth and infection Turforass Science

## Sports Fields the Natural Way <u>Cultural Practices</u> •Thatch

Thatch can choke out and thin a lawn by preventing water and nutrients from reaching the roots. Thatch also provides habitat for insects.





Turfgrass Science





#### Why are they there?





#### <u>Weeds</u>

#### **Compaction:**

- Annual bluegrass
- Goosegrass
- Knotweed
- Spurge







## **Weeds**

#### **Drought conditions**:

- Black medic
- Cinquefoil species
- Crabgrass
- Curly dock
- Goosegrass
- Spurge
- Speedwell
- Yellow wood sorrel







## <u>Weeds</u>

#### Low pH:

- Common mullein
- English daisy
- Hawkweeds
- Knawel
- Red Sorrel
- Wild Strawberry







## <u>Weeds</u>

#### High pH:

- Broadleaf plantain
- Hop clover
- Wild carrot

#### Shade:

- Chickweeds
- Speedwell
- Wild Violets









## <u>Weeds</u>

#### Low nitrogen:

- Black medic
- Clover species

#### High nitrogen:

Annual bluegrass







## <u>Weeds</u>

#### Poor drainage:

- Barnyardgrass
- Buttercups
- Nutsedge
- Plantains





Turfgrass Science University of Missouri

Weed Management: Multiple turf cultivars Mowing height Over-seeding important (density) Pre-emergence herbicides often over-used





**Weed Management:** 

Herbicides more effective, less cost
Too little or too much fertilizer
Soil conditions (compaction, pH, moisture, etc.)





Weed Management:
Use natural products
Corn gluten
Fiesta
Burn Out II





#### **Fiesta** 5 fl oz/gallon





#### Burn Out II 32 fl oz/gallon

Trimec Classic – 4 pints/A Speed Zone – 5 pints/A

















## **Dollar Spot:**

- Active during warm, moist weather in the spring, early summer and fall
- Light tan, hourglassshaped lesions with dark-brown to reddishbrown borders
- Primary host: bluegrasses ryegrasses
- Favors low fertility





#### **Brown Patch:**

- Appears in hot, moist overcast weather
- High-cut grasses: light brown patches 1 to 2 feet in diameter and larger. Grass is severely thinned
- Lesions appear irregular shaped at random on leaf blade
- Primary host: tall fescue, ryegrasses
- Favors high nitrogen







Turfgrass Science

Disease Management:
Select resistant cultivars
Reduce stresses
Mow taller with sharp blade
Heat and drought stresses





**Disease Management:**  Nutrient deficiencies induce stress Have good air movement Biologically active soil offers natural suppression Fungicides reduce microbial activity





White Grubs - are the larval stage of several insect species. They have a white, C-shaped body, a brown head and three pairs of legs. They are sub-surface root feeders. **Insects with white grubs:**  May/June beetle Southern masked chafer









#### **Insect Management:**

 Take advantage of natural defense systems Defense systems disabled during stress Use endophyte enhanced turfgrasses Insecticides reduce beneficial, predatory insects Reduce thatch •Use natural, biological controls – Cedar oil, nematodes



T**urfgrass Scíence** university of Missou<u>ri</u>

#### <u>References</u>:

- Managing Healthy Sports Fields Paul Sachs
- A Guide to Using Organic Materials for Low Maintenance and Chemical-Free Playing Fields









References:

## SUSTAINABLE GOLF COURSES

#### A Guide to Environmental Stewardship

Ronald G. Dodson







#### <u>References</u>:

# Ecological Golf Course ManagementPaul Sachs & Richard Luff







#### <u>References</u>:

Environmental stewardship & your maintenance plan: SET AN EXAMPLE by Jerad R. Minnick Sports Turf | August 2012 www.sportsturfonline.com





#### <u>References</u>:

## Natural Lawn Care Brad Fresenburg, Don Day, & Jeff Zimmerschied





0.0749

Division of Plant Sciences

Particular index is all bounds are an an any printing about low (mpact environmental approaches so have one this los geterated many aperficie and concerstorm lawr care operators and lare managers. Using initiarily as environmentally it really products seems to be the slipecton grans are taking to maintain the bound.

#### Authors Brad Fresenburg and Travis Teaton, University of

 Band Presenburg and Traves retron, University of Mission Fulgidas Research Carter Division of Plant Spences
 Bon Day, Natural Researce Engineer RM Excinsion Centra Mission Region
 Jeff Zimmerschied, The Lawn Company: Columbia, Mominorsed interest from carriele for ingatic solutions, futuring unos new registicions in the laten core industo care carriego shifters the types and characteristic prodocts at an able fut home taxes. With interest or the rise, one frequently associl question will be. "What can one experiments and and care program."

#### Philosophy of natural lawn care

Suit can the distribution is a distribution of the set of the set

consider plotters on plants and set. In the constraint of the I-line wave and of the two length is indication of the regardless of the type of neural loss is non-numerical englishess of the type of neural loss is non-numerical based fittings of provide the neural neural neural neural term is research all relations about regardless there conserves the interactions of good control of neurons prover predices. By using cognitic years is if we merterion workshole influences are the provided in the neuron prover is a single processible wave will be somethic prover. It does not necessarily mean neural code, it does not a size about processible work will be somethic train row workshole to covered a large profession existence in segare lowers to covered a large profession existence.

Puniod on recyclod pape

http://extension.missouri.edu/explorepdf/agguides/hort/g06749.pdf





## Sports Fields the Natural Way Questions???







**Contact Information: Brad S. Fresenburg University of Missouri Turfgrass Sciences 214A Waters Hall** Columbia, Missouri 65211 fresenburgb@missouri.edu 573 884-8785 (office), 573 268-2545 (cell) Website: <a href="http://www.turf.missouri.edu/stat/">www.turf.missouri.edu/stat/</a>



